

Instruction :

- 1. The Question paper contains 5 parts A, B, C, D, E. Consists of Section I, II, III, IV, V, VI, VII, VIII.**
- 2. All the parts are Compulsory.**
- 3. The answer should be written completely either in English or Kannada.**

PART-A

I. Select the correct alternative from the choices given/Answer the following questions by choosing the correct answer. (5X1=5)

- A new branch called _____ has emerged which seeks to alleviate stress related diseases through modification of behaviour using various psychological therapies and counseling.
a) psychotherapy
b) Behaviour Medicine
c) Immuno-therapy
d) Behavior modification
- _____ is characterized by repetitive violation of rules and show deficit in social behaviour. Children with this disorder show characteristics of bullying and teasing, threaten others, steal things and show physical and verbal aggression.
a) Conduct disorder
b) Antisocial personality disorder
c) ADHD
d) Mania
- The ability to think and use words rapidly, as in solving anagrams or thinking of words that rhyme, synonyms etc
a) Memory
b) Perceptual speed
c) word fluency
d) verbal comprehension
- _____ is the phenomenon by which the majority group places the blame on a minority group out-group for its own social, economic or political problems
a) Blaming
b) Passive aggression
c) Scape-goating
d) Social learning
- Client-centered therapy was developed by
a) Albert Bandura
b) Abraham Maslow
c) Aaron Beck
d) Carl Rogers

II. Fill in the blanks by choosing the appropriate words from those given in the brackets.

(5 X 1= 5)

[Co-operation, Minimalist, Locoparentis, Dhyana, Altruism]

- In _____ model, the teaching faculty takes on the role of parents in the teaching of moral values in relation to campus-behaviour
- The _____ perspective assumes that the physical environment has a minimal effect on health and well-being.
- _____ is an act that benefits others and involves situations in which groups work together to attain shared goals
- The in-born, natural tendency in humans to help other members is called _____
- _____ is the practice of focusing attention on breath/ an object/ or a mantra.

III. Match the following**(5 X 1=5)**

11.

1. Logo therapy	A. Postpartum Depression
2. Rational Emotive Therapy [RET]	B. Albert Ellis
3. Binge eating and purging behaviour	C. Dr. Victor Frankl
4. Depression after giving birth to a baby	D. Eustress
5. Hosting a big party	E. Bulimia Nervosa

IV. Answer the following question in a word or a sentence.**(5 X 1=5)**

12. Name the three Gunas according to Samkhya philosophy
13. What is emotional intelligence?
14. Expand DSM
15. What does 'coping' mean?
16. Mention traits of Type D personality.

PART –B**V. Answer any SEVEN of the following questions in 2 to 3 sentences each.****(7X 2=14)**

17. Define Intelligence. Calculate the IQ using the details given:
MA = 12 CA = 14
18. Differentiate between Source traits and Surface traits.
19. What is the Diathesis Stress Model?
20. Explain catatonic schizophrenia.
21. Mention the components of attitudes.
22. What is the 'auto-kinetic phenomenon'?
23. What is body language?
24. Highlight the differences in general and observational skills that an effective psychologist must possess.
25. What is transference? Explain the differences between positive and negative transference.
26. What is rationalization? Support with a relevant example.
27. Mention two ways in which pro-environmental behaviour can be promoted.
28. Differentiate between group, crowd and a team.

PART –C**VI. Answer any SIX of the following questions in 10-12 sentences****(6X4=24)**

29. Explain the different types of intelligence tests.
30. Explain the first four stages of psycho-social development given by Erik Erikson.
31. What is conflict? Explain the different types with suitable examples.
32. What is Somatoform disorder? Explain the different types.
33. Explain the various processes through which attitudes are formed.
34. What is psychodynamic therapy? Explain the two main techniques used in psychodynamic therapy.
35. State the major causes of poverty.
36. Write a short note on vocational counseling.
37. Explain Humanistic therapy. Mention its merits and demerits.
38. What are 'phobias'? Describe the different types.

PART –D**VI. Answer any TWO of the following questions in 20-25 sentences****(2X6=12)**

39. Explain projective tests. Discuss - (a) Rorschach Ink blot test (b) Sentence Completion test
40. Discuss the expression of prejudices.
41. What is directive counseling. Explain the steps in directive counseling.
42. Enumerate the different techniques under Behavior Therapy.

PART –E [Practical Part]

VI. Answer any TWO of the following

(2X5=10)

43. Write the plan and procedure you have followed to study your subject's personality using EPI
44. Write the plan and procedure you have followed to assess the presence of neuroticism in the subject using Maudsley Medical Questionnaire
45. Write the plan and procedure you have followed to assess the degree of adjustment using Bell's adjustment inventory

